



# May & June Newsletter 2026



# UPCOMING TRIPS



## BOSTON TRIP 2026

**SATURDAY, MAY 30<sup>TH</sup>, 2026**

**8:30 AM – 8:00 PM**

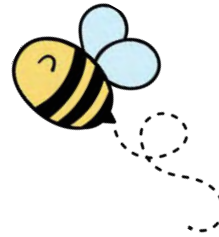
Join us for an exciting day trip to Boston! Explore historic sights, stroll through the city, enjoy great food, shopping, and unforgettable views. Don't miss out on a fun day in the city! This day is for you!

**BOSTON, MASS.  
\$75 PER PERSON**

**LEAVE FROM CIRTRONICS IN MILFORD AT 8:30 AM  
528 RTE 13 SOUTH, MILFORD, NH 03055**



**REGISTER NOW**





# PUZZLE PALOOZA

THINK FAST, SOLVE SMART! COMPETE IN OUR  
PUZZLE CHALLENGE, WHERE LOGIC AND SPEED  
DECIDE THE WINNER!

\$40 PER TEAM, 1 PERSON REGISTERS!

MAY 8, 2026

TOWN HALL AUDITORIUM

REGISTRATION DEADLINE: MAY 1ST

FOR MORE INFO, CONTACT

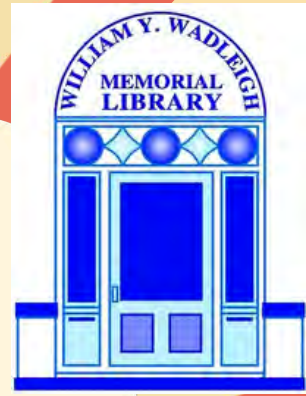
(603) 249-0625

[WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)





# KEYES SUMMER BASH



AT KEYES MEMORIAL PARK

**SATURDAY,**  
**JUNE 27**

**12:00 PM –**  
**3:00 PM**

**FREE  
PUBLIC  
ENTRY**

## EVENT HIGHLIGHTS

**TOUCH-A-TRUCK- FOOD & DRINK VENDORS -  
LOCAL BUSINESS VENDORS - COMMUNITY  
ORGANIZATIONS & MUCH MORE...  
WOULD YOU BE INTERESTED IN BEING A  
VENDOR? SCAN THE QR CODE TO REGISTER!**



**FOR MORE INFORMATION**

**CALL (603) 249-0625**





# KEYES SUMMER

# BASH!

## JUNE 27<sup>TH</sup>, 2026

### KEYES MEMORIAL PARK

### ALL DAY EVENTS 11:30 AM - 7:30 PM



**A FUN-FILLED DAY AT THE KEYES SUMMER BASH! ENJOY A BIKE PARADE, TOUCH-A-TRUCK, LOCAL VENDORS, AND RECREATIONAL GAMES, A SOFTBALL GAME, A READING OF THE DECLARATION OF INDEPENDENCE, AND A LIVE CONCERT TO END THE DAY. THERE'S SOMETHING FOR EVERYONE DON'T MISS THIS EXCITING COMMUNITY CELEBRATION!**

**FREE COMMUNITY EVENT!**

**HAMBURGERS & HOTDOGS  
12 PM - 2 PM**

**FOR EVENT DETAILS, SEE THE OTHER SIDE OF THE FLYER!**



## **BIKE PARADE!**

**11:30 AM – 12:00 PM**

**SKATEPARK**

**BRING YOUR PRE-DECORATED BIKE/SCOOTERS COVERED IN RED, WHITE, AND BLUE TO KEYES SKATE PARK! PRIZES WILL BE AWARDED TO THE WINNERS!**



## **TRUCK & VENDORS**

**12:00 PM – 3:00 PM**

**MULTI-PURPOSE FIELD**

**A TOUCH-A-TRUCK & VENDORS EVENT WHERE FAMILIES CAN EXPLORE BIG TRUCKS UP CLOSE, ENJOY HANDS-ON FUN FOR KIDS, AND SHOP FROM LOCAL VENDORS OFFERING UNIQUE ITEMS AND TREATS**



## **DECLARATION OF INDEPENDENCE**

**2:50 PM – 3:15 PM POOL STAGE**

**A SPECIAL READING OF THE DECLARATION OF INDEPENDENCE, WHERE WE COME TOGETHER AS A COMMUNITY TO REFLECT ON OUR NATION'S HISTORY AND CELEBRATE THE MEANING OF FREEDOM AND INDEPENDENCE**



## **RECREATIONAL GAMES**

**3:15 PM – 4:15 PM POOL STAGE**

**AMERICAN BACKYARD GAMES, A FUN-FILLED COMMUNITY EVENT FEATURING CLASSIC OUTDOOR GAMES, FRIENDLY COMPETITION, AND SUMMER EXCITEMENT FOR ALL AGES**



## **SOFTBALL GAME**

**4:30 PM – 5:30 PM KEYES SOFTBALL FIELD**

**AN EXCITING COMMUNITY SHOWDOWN AS MILFORD PD AND FIRE TAKE ON MHS STUDENTS IN A FUN AND FRIENDLY COMPETITION FILLED WITH GAMES, LAUGHS, AND COMMUNITY SPIRIT**



## **CONCERT**

**6:00 PM – 7:30 PM**

**KEYES GRANITE STAGE**

**JOIN US FOR AN EXCITING COMMUNITY CONCERT, FEATURING GREAT LIVE MUSIC, A FUN ATMOSPHERE, AND A NIGHT OF ENTERTAINMENT FOR ALL AGES AS WE COME TOGETHER TO ENJOY PERFORMANCE, GOOD VIBES, AND SUMMER MEMORIES UNDER THE OPEN SKY!**





# SUMMER CONCERT SERIES 2026

Wednesday's at Emerson Park

7:00 pm - 8:30 pm

7/1 - Catfish Howl (Mardi Gras Style)

7/8- The Shawna Jackson Band (Country/Rock)

7/15 - Dan Morgan (American Bluegrass)

7/22 - Hollis Town Band (Concert Band Marches)

7/29 - The Belairs (50s - 60s)

8/5 - Amherst Big Band (Concert Band Broadway)

8/12 - Tru Diamond (Neil Diamond Tribute)

8/19 - The Party Crashers

(R&B Soul Classic Pop Rock)

8/26 - Studio Two (Beatles Tribute)



**FOR MORE INFO;  
CONTACT US  
(603) 249-0625 OR  
WWW.MILFORDREC.COM**

# TODDLER PROGRAMS



## MINIS IN MOTION



**AGES 2 -5**

**\$40**

**MONDAY'S**

**MAY 4 - MAY. 25**

**10:00 AM - 10:45 AM**

**TOWN HALL AUDITORIUM**

Our Minis in Motion Program is a fun and energetic way for children to explore movement, rhythm, and self-expression! Kids will develop coordination, confidence, and creativity through imaginative activities, playful choreography, and exciting music.



**REGISTER NOW**

## TODDLER SOCCER



**AGES 2 - 5 TUESDAYS**

**RES: \$40 NRES: \$45**

**MAY 5/5 - 5/26**

**10 - 10:30AM &**

**10:30 - 11:00AM**

**KEYES MULTIPURPOSE FIELD**

Designed for young children to explore the basics of soccer in a playful and supportive environment. Through simple games, movement activities, and lots of encouragement, toddlers will work on coordination, balance, listening skills, and teamwork—while having fun kicking the ball!



**REGISTER NOW**



# ADULT/SENIOR PROGRAMS



**AGES 18+**

**\$10 DROP - IN  
(TUESDAY'S)**

**MAR. 3 - MAY 26**

**JUNE 6 - AUG 25**

**6:30 - 7:30PM**

## TAI CHI

### QIGONG/FOUNDATIONS

Experience the calming benefits of Tai Chi & Qigong Foundations, a gentle class focused on slow movements, balance, breathing, and mindfulness. This program is perfect for beginners and anyone looking to improve flexibility, reduce stress, and support overall well-being.

**TOWN HALL BANQUET HALL**



**REGISTER NOW**



**AGES 18+**

**\$40 PER SESSION**

**TUES. MAY 5/5 - 5/26**

**THURS. MAY 5/7 - 5/28**

**TUES: JUNE 2 - JUNE 23**

**THURS: JUNE 4 - JUNE 25**

## TAI CHI FORMS

Learn and practice the flowing movements of Tai Chi Forms in this class designed to improve balance, flexibility, and focus. Participants will be guided through a series of gentle sequences that promote relaxation, coordination, and overall well-being. Perfect for beginners and experienced practitioners alike!

**5:15 - 6:15PM**

**TOWN HALL BANQUET HALL**



**REGISTER NOW**

## SEATED YOGA



**AGES 50+**

**\$40 SESSION**

**THURSDAY'S**

**MAY 7 – 28 (\$40)**

**JUNE 4 – 25 (\$40)**

**10:00 – 11:00 AM**

Enjoy the benefits of yoga from the comfort of a chair! Seated Yoga is a gentle, accessible program designed to improve flexibility, strength, and relaxation. Perfect for participants who prefer or require a modified approach to traditional yoga.

**TOWN HALL BANQUET HALL**



**REGISTER NOW**

## YOGA STRENGTH



**AGES 18+**

**\$105 SESSIONS**

**WEDNESDAYS**

**MAY 13 – JUNE 24**

**8:30 – 9:30 AM**

**TOWN HALL AUDITORIUM**

Build strength, improve flexibility, and enhance balance with our Yoga Strength program. This class combines traditional yoga poses with strength-focused exercises, helping participants tone muscles, increase endurance, and promote overall wellness in a supportive and energizing environment.



**REGISTER NOW**

## YOGA IN THE PARK

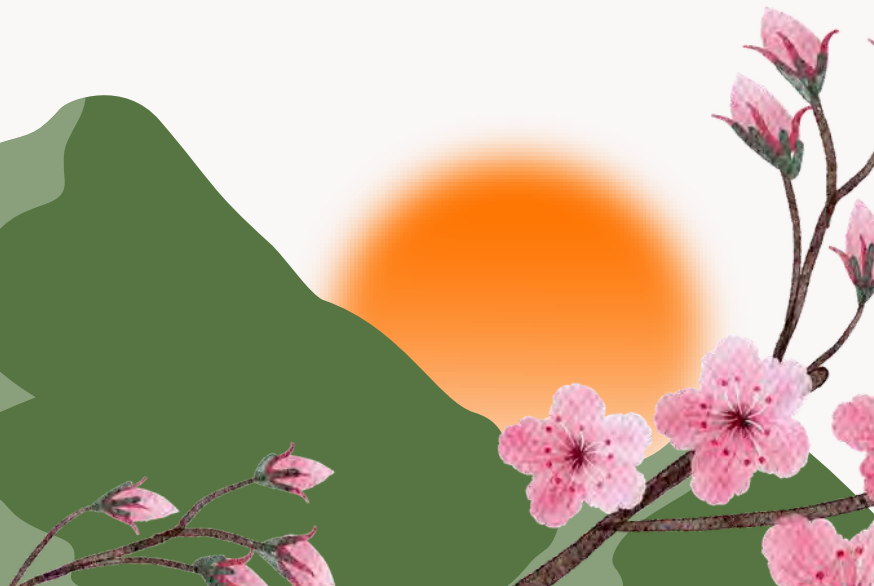


**MONDAY'S  
\$40 SESSION  
MAY 4TH - 25TH  
6 - 7 PM  
KALEY PARK**

A relaxing and rejuvenating outdoor experience for all skill levels. Join us in a scenic park setting to stretch, strengthen, and breathe deeply while enjoying fresh air and nature. Bring your mat, move at your own pace, and leave feeling refreshed and energized!



**REGISTER NOW**





**Senior Coffee Connections 2026**  
 Good friends, great fun, activities, presentations...  
**Milford Town Hall 3rd Floor Banquet Hall**  
**10-11:30am (or as listed below)**  
**2nd Wednesday of the Month (or as listed below)**  
 Town Hall~1 Union Square ~ Milford, NH 03055  
 603-249-0625 ~ [recreation@milford.nh.gov](mailto:recreation@milford.nh.gov)  
[www.milfordrec.com](http://www.milfordrec.com)

◦ **March 11th: Community Service Project: Easter Eggs**

Welcome back! ...It's that time of year again and we need your help to fill the Easter eggs for our Annual Milford Easter Egg Hunt! Snacks and beverages will be provided.  
 Registration required by March 4th. 603-249-0625

◦ **April 8th: Windows on West Street**  
 \*\*\*\* 11:00am \$15 per person \*\*\*\*

Located at Milford High School. Windows on West Street is a student run and operated restaurant that serves as the real-life course for students and an opportunity for community members to enjoy a warm delectable meal.

**Limited to 42 People**

Registration required by April 1st. 603-249-0625

◦ **May 13th: Breakfast W/Emergency Services**

Enjoy a delicious breakfast while meeting local firefighters, police officers, and first responders! A fun and friendly way to connect, learn, and say thank you to those who keep our community safe.

Registration required May 6th. 603-249-0625

◦ **June 10th: Ice Cream & Movie**

Join us for a cozy morning featuring a classic movie and delicious ice cream treats! Relax with friends as we enjoy a feel-good film and a variety of flavors and toppings to make your perfect scoop. It's a simple, fun way to unwind, socialize, and enjoy a sweet break in the day. Come share good company, good conversation, and a great movie!

Registration required June 3rd (603) 249-0625

◦ **July 8th: Pictionary & Name that Tune**

Join us for an engaging morning filled with creativity, music, and laughter! We'll start with a round of *Senior Pictionary*, where everyone can guess, draw, and enjoy some lighthearted fun. Then we'll switch gears with *Name That Tune*, featuring familiar songs, classics, and melodies you're sure to recognize. It's the perfect opportunity to stay social, keep the mind active, and share smiles with friends.

Registration required July 1st (603) 249-0625

**Thank you to our 2026 Sponsors!**

**Arthur L. Keyes  
 Memorial Trust**



◦ **Aug 12th: Senior Water Fitness Pizza Party**

Join us for a fun and active afternoon that blends exercise and enjoyment! We'll start with a refreshing water-fitness session designed for all ability levels – gentle, low-impact, and great for staying strong and moving comfortably. After the workout, stick around for a relaxed pizza party where you can unwind, chat with friends, and enjoy a tasty slice or two  
 Registration required by Aug 5th. 603-249-0625

◦ **Sept. 9th: Creating a Flower Arrangement**

Enjoy some snacks and drinks while creating a stunning bouquet with the freshest harvest of farm-grown flowers from Gardent Farms. Their blossoms are sustainably-grown from seed, harvested, and brought straight from their fields to the event. Krista from Gardent Farms, will help you create a bouquet in a mason jar. She will provide everything you need – pre-cut flowers, containers, tools, and guidance – for the perfect summer flower arrangement. \$15.00 per person; Min 20  
 Registration required by Sept 2nd. 603-249-0625

◦ **October 14th: Senior Puzzle Palooza**

Join us for a fun and engaging puzzle session! Work together (or compete) to complete a puzzle, test your problem-solving skills, and enjoy some friendly competition with fellow seniors.  
 Registration required by Oct. 7th. 603-249-0625

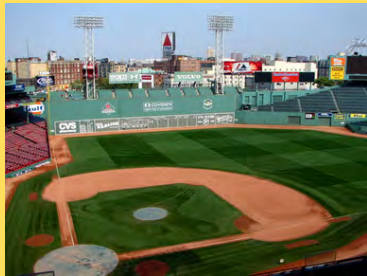
◦ **November 18th (3rd Wed.): Murder Mystery!**

Step into a morning of suspense, intrigue, and clues! Can you solve the mystery before time runs out? Join us for an interactive, thrilling morning full of twists, turns, and fun. Bring your detective skills—the culprit could be anyone!  
 Registration required by November 11th. 603-249-0625

◦ **December 9th: Senior Holiday Luncheon**  
 \*\*\*\*\*12-2pm \$15 per person. \*\*\*\*\*

Enjoy the spirit of the holidays – join us for a catered full-course turkey dinner. Games, laughter, great merriment and raffle prizes! Please bring a non-perishable food item for SHARE  
 Registration required by Nov 18th 603-249-0625.

# ADULT/SENIOR TRIPS!



## **BOSTON RED SOX**

**TUESDAY, SEPT 1<sup>ST</sup>, 2026**

**2:00 PM – 11:00 PM**

This is a pitch you don't want to miss! Join us for a night you won't forget at Fenway Park, home of the Boston Red Sox, as they battle the Seattle Mariners!

Whether this is your first trip or your tenth, Fenway Park has numerous amenities to offer, from The Green Monster to Pesky's Pole in Right Field to singing "Sweet Caroline" in the 8th Inning. You are guaranteed to have the best experience of your life. Grab your glove, your favorite Red Sox hat, and secure your seat by registering today!

### **TRANSPORTATION & TICKET**

**FEE: \$75 RES; \$95 NRES**

**SEPT. 1ST, 2026**

**DEPART FROM 127 ELM ST.**

**PARKING LOT AT 2:00 PM**

**DEADLINE: 8/18**



**REGISTER NOW**



**\$30.00**

**JUNE 18<sup>TH</sup>, 2026**

**LEAVE FROM THE  
127 ELM STREET PARKING**

**LOT AT 9:00 AM**

**DEADLINE: JUNE 4TH**

## **HAMPTON BEACH SAND CASTLES**

**THURSDAY, JUNE 18TH, 2026**

**9:00 PM – 4:00 PM**

Spend a fun-filled day at the ocean building sandcastles, playing in the sand, and enjoying the fresh sea breeze! This trip is perfect for creativity, laughter, and relaxation, with plenty of time to explore the beach, splash in the waves, and soak up the sun. A memorable day by the sea for all ages!



**REGISTER NOW**



# ISLES OF SHOALS

Join us for an unforgettable day exploring the beautiful Isles of Shoals! Enjoy scenic ocean views, rich history, and a relaxing island atmosphere. This trip offers the perfect mix of adventure and leisure—don't miss out on this unique coastal experience!

- ✔ \$80
- ✔ July 9<sup>th</sup>, 2026
- ✔ Leave from The 127 Elm Street Parking Lot at 9:30 am
- ✔ Arrive in Milford Approx. 4:30 pm



**FOR MORE INFO; CONTACT**  
**(603) 249-0625**  
**WWW.MILFORDREC.COM**





# Foster's Clambake

## AUGUST 13<sup>TH</sup>, 2026

JOIN US FOR A FEAST THIS SUMMER. WE WILL EAT LUNCH AT FOSTER'S PAVILION, WHERE YOU WILL ENJOY LOBSTER, CLAM CHOWDER, STEAMED CLAMS & MUSSELS, SWEET CORN ON THE COB, ROASTED RED BLISS POTATOES AND ONIONS, ROLLS AND BUTTER, AND BLUEBERRY CAKE.

**\$75 PER  
PERSON**



**FOR MORE INFO; CONTACT  
(603) 249-0625  
WWW.MILFORDREC.COM**





# Foster's Clambake

## AUGUST 20TH, 2026

JOIN US FOR A FEAST THIS SUMMER. WE WILL EAT LUNCH AT FOSTER'S PAVILION, WHERE YOU WILL ENJOY LOBSTER, CLAM CHOWDER, STEAMED CLAMS & MUSSELS, SWEET CORN ON THE COB, ROASTED RED BLISS POTATOES AND ONIONS, ROLLS AND BUTTER, AND BLUEBERRY CAKE.

**\$75 PER  
PERSON**



**FOR MORE INFO; CONTACT  
(603) 249-0625  
WWW.MILFORDREC.COM**



# YOUTH SUMMER CAMPS



## SKYHAWKS SOCCER

BUILD SKILLS, CONFIDENCE, AND TEAMWORK IN A FUN AND SUPPORTIVE ENVIRONMENT! THIS CAMP FOCUSES ON FUNDAMENTALS, DRILLS, AND GAME PLAY—PERFECT FOR PLAYERS OF ALL SKILL LEVELS. GET READY FOR AN ACTIVE SUMMER FILLED WITH LEARNING AND FUN ON THE FIELD!

**JUNE 29 - JULY 3 (9AM - 12AM) - KEYES MULTIPURPOSE FIELD**  
**FOR BOYS & GIRLS AGE 5 - 10 MIN: 8 MAX: 20**

FOR MORE INFO; CONTACT  
(603) 249-0625  
[WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)



## SKYHAWKS FLAG FOOTBALL

**JULY 13 - 17**  
**9AM - 12PM**

KEYES MULTIPURPOSE FIELD

FOR BOYS & GIRLS AGE 6-10  
**REGISTRATION \$185**  
MIN: 8 MAX: 20

Get active and have fun while learning the fundamentals of flag football! Participants will build skills, teamwork, and confidence through age-appropriate drills and games in a safe, non-contact environment. Perfect for beginners and experienced players alike!

[WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)



## SKYHAWKS BASKETBALL

**JULY 27 - 31 VS AGES: 6 - 10**

**\$185 9 am - 12 pm**  
**Min: 8 Max: 20**  
**Keyes Basketball Court**

JOIN US FOR AN EXCITING YOUTH BASKETBALL PROGRAM FOCUSED ON SKILL DEVELOPMENT, TEAMWORK, AND FUN! PARTICIPANTS WILL LEARN THE FUNDAMENTALS OF DRIBBLING, PASSING, SHOOTING, AND GAME PLAY IN A SUPPORTIVE AND POSITIVE ENVIRONMENT. PERFECT FOR PLAYERS OF ALL SKILL LEVELS!



FOR MORE INFO;  
CONTACT (603) 249-0625  
[WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)





# DANCE & CRAFTS!

Join the most exciting dance, crafts and story experience for kids aged 2-5



- ◆ Dancing
- ◆ Stories
- ◆ Crafts

**PARENTS MUST  
REMAIN AT THE  
PROGRAM!**

**AUGUST 10TH | 10:00 AM – 11:30 AM**

**Milford Town Hall Auditorium**

**\$25 per child**



Fun, learning, and rhythm all in one place!

[www.milfordrec.com](http://www.milfordrec.com)



# DANCE & CRAFTS

**Let's Move and Groove!**

Join us for a fun-filled dance day for kids ages 6 to 10.  
A celebration of rhythm, movement, and joy!



## DANCE STYLES:

- Tap
- Jazz Funk
- Ballet Basics
- Dance Games
- Floor Routine

**WEDNESDAY, AUGUST 19TH**  
**9:45 AM - 12:00 PM**  
**Milford Town Hall 3<sup>rd</sup> Floor**  
**Auditorium**

**\$35 per child**

[www.milfordrec.com](http://www.milfordrec.com)



# KEYES POOL PASS



THE MILFORD RECREATION DEPARTMENT INVITES YOU

## REGISTER FOR 2026 POOL MEMBERSHIPS

MAKE A SPLASH WITH THE MILFORD RECREATION DEPARTMENT! REGISTRATION FOR POOL MEMBERSHIPS OPENS ON FEBRUARY 2, 2026. A POOL PASS IS REQUIRED TO SWIM IN THE POOL, GIVING YOU FULL ACCESS TO SWIM LESSONS, AQUATIC PROGRAMS, AND OPEN SWIM FOR ALL AGES.



FOR MORE INFO; CONTACT  
(603) 249-0625 OR  
[WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)





# SWIM LESSONS

LEARN TO SWIM IN A SAFE, SUPPORTIVE ENVIRONMENT!  
OUR SWIM LESSONS FOCUS ON WATER SAFETY, BASIC  
SKILLS, AND STROKE DEVELOPMENT WHILE BUILDING  
CONFIDENCE FOR SWIMMERS OF ALL LEVELS.

**MONDAY - THURSDAY**

**\*RAIN DATE FRIDAY\***

**S1: 6/22 - 7/2**

**S2: 7/6 - 7/16**

**S3: 7/20 - 7/30 S4: 8/3 - 8/13**

**TIMES:**

**9:30 AM - 10:00 AM**

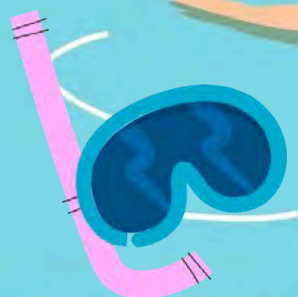
**10:15 AM - 10:45 AM**

**11:45 AM - 12:15 AM**

**FEES:**

**RES: \$50 NRES: \$60**

**MUST HAVE A  
POOL PASS!**



**FOR MORE INFO; CONTACT  
(603) 249-0625 OR [WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)**

# Milford Recreation Swim Lessons

AGES	LEVEL	COMPLETION REQUIREMENTS
6 mo.-3 years	<b>SWIM LIKE A FISH (Parent and Child)</b> Parent and child swim lessons are designed to introduce children to the water at an early age. Little ones will increase their comfort in the water through fun activities, singing, games and basic swim instruction.	
3-5	<b>AQUA ANIMALS</b> Aqua Animals will learn to be comfortable in the water. They will learn to put their faces in the water and become comfortable with supported floating on their front and back. Supported floating and gliding on front and back Basic movements and kicks Safety	<b>Pass to Starfish</b> Unsupported float on front and back Put face in water, blow bubbles
5+	<b>STARFISH (Level 1)</b> Starfishswimmerswill learn to glide unsupported on their back and front, and swim using alternating arm and leg actions for approximately 2 body lengths. They will practice putting their faces in the water, bobbing and retrieving submerged items. Unsupported floating and kicking on front and back Alternating arms Life jackets	<b>Pass to Otters</b> Front glide 2 body lengths Retrieve submerged items Back float unsupported
5+	<b>OTTERS (Level 2)</b> Otters swimmers will improve their Starfish skills so that they can swim for approximately 5 body lengths on their back and on their front with combined arm and leg actions. They will practice retrieving submerged items and float on their back for 15 seconds. Combined stroke and kick on front and back Rotary breathing Safety Skills	<b>Pass to Seals</b> Combined arms and legs to flags on front and back Float on back for 15 seconds
5+	<b>SEALS (Level3)</b> Sealswilllearn tojump into the pool, fully submerge and recover to the surface and return to the side. They will learn the front crawl and elementary backstroke. They will also learn to push off in a streamline and begin kicking. Elementary Back Stroke Diving Treading water Breaststroke kick Flutter kick and dolphin kick	<b>Pass to Dolphins</b> Elementary backstroke 25 yards Front crawl 25 yards Push off in a streamline with dolphin kicks, surface and start flutter kicks
5+	<b>DOLPHINS (Level 4)</b> Dolphins swimmers will learn the breaststroke and start to learn the butterfly. They will practice swimming the front crawl and elementary backstroke for a full length of the pool. Breaststroke arms and legs Back Crawl Safety skills Butterfly Standing dive	<b>Pass to Swim Team Prep</b> 25 yards of Front Crawl, Back Crawl and Breaststroke Butterfly to flags Standing dive
5+	<b>SWIM TEAM PREP</b> Thisclasswillfocusondiving, flip turns and refining the 4 competitive strokes. Diving Flip Turns/Open Turns Stroke work	



# PRIVATE SWIM LESSONS

Make a splash with personalized instruction! Our private swim lessons offer one-on-one coaching for all ages and skill levels, helping swimmers gain confidence, improve technique, and have fun in the water.

- 
- Limited place available
  - Available for ALL AGES!
  - Week Lessons
  - Monday - Friday

10:15 am - 10:45 am

\$75 Res

\$85 NRes

MUST HAVE A POOL PASS!

[www.milfordrec.com](http://www.milfordrec.com)



Milford  
RECREATION  
DEPARTMENT



# MILFORD KEYES SWIM TEAM



**A FUN, TEAM-BASED PROGRAM FOCUSED ON BUILDING SWIM SKILLS, CONFIDENCE, AND ENDURANCE. SWIMMERS WILL IMPROVE ALL FOUR STROKES WHILE LEARNING TEAMWORK, SPORTSMANSHIP, AND A LOVE FOR THE SPORT.**

**MUST  
HAVE A  
POOL PASS**

**MONDAY - FRIDAY  
JUNE 22 - AUGUST 7  
8:00 AM. - 9:00 AM  
RES: \$85 NRES: \$95**

**MUST  
HAVE A  
POOL PASS**

**FOR MORE INFO; CONTACT  
(603) 249-0625 OR [WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)**



# SWIM

# TEAM PREP

**GET READY FOR THE SWIM TEAM! THIS PROGRAM FOCUSES ON STROKE REFINEMENT, ENDURANCE, AND POOL READINESS WHILE BUILDING CONFIDENCE IN A FUN, SUPPORTIVE ENVIRONMENT.**



**KEYES MEMORIAL POOL**

**MON – THURS**

**9:30 AM – 10:00 AM**

**S1: 6/22 – 7/2**

**S2: 7/6 – 7/16**

**S3: 7/20 – 7/30**

**\$40**

RES

**\$50**

NRES

**FOR MORE INFO; CONTACT  
(603) 249-0625 OR [WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)**



# BRUNCH BINGO!

**EVERY 4TH WEDNESDAY  
MARCH - NOVEMBER**

**BINGO!**

**JOIN US FOR A LIVELY BINGO SESSION FILLED WITH LAUGHS, PRIZES, AND GOOD COMPANY! WHETHER YOU'RE A SEASONED PLAYER OR TRYING IT FOR THE FIRST TIME, EVERYONE'S WELCOME. GRAB YOUR CARDS, MARK YOUR NUMBERS, AND GET READY TO SHOUT BINGO!**

**\$3 FOR BINGO CARDS  
\$3 MEALS ON WHEELS LUNCH  
CALL CAROL MCKILLIP TO  
RESERVE A LUNCH!  
(603) 424-9967**

**12 PM - 2 PM**

**TOWN HALL AUDITORIUM**



**FOR MORE INFO; CONTACT  
(603) 249-0625 OR  
[WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)**



# **YOU'VE BEEN FLOCKED!**



**BRIGHTEN SOMEONE'S DAY WITH A FLOCK OF  
FLAMINGOS! SURPRISE A FRIEND, NEIGHBOR, OR  
COWORKER BY FILLING THEIR YARD WITH A  
CHEERFUL DISPLAY OF PINK BIRDS. IT'S FUN,  
HARMLESS, AND SUPPORTS A GREAT CAUSE.  
CHOOSE A DATE, WE DELIVER THE FLOCK, AND  
WATCH THE SMILES APPEAR!**

**\$20 TO FLOCK  
MILFORD RESIDENTS ONLY  
FLOCKING 3 HOUSES 2 TIMES A WEEK!**



**TO FLOCK SOMEONE,  
CALL (603) 249-0625  
OR VISIT  
WWW.MILFORDREC.COM**



# **2026 SPONSORSHIP OPPORTUNITIES!**



## **Milford Recreation Department**

### **2026 Sponsorship Program**



#### **VISION**

To provide opportunity for each and every citizen to enrich their quality of life by offering a full spectrum of community-driven recreation activities for all ages through the provision of recreation and parks services.

#### **MISSION**

The Milford Recreation Department is committed to enriching the quality of life for all residents by:

- Offering diversified programming, activities and events.
- Assessing and responding to parks and amenities needs.
- Collaborating with community groups that share an interest in recreational goals.

**Contact: John Kohlmorgen**  
**recreation@milford.nh.gov**  
**(603) 249-0625 www.milfordrec.com**

# THANK YOU, SPONSORS 2026!



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AREA  
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Milford NH  
**Rotary**  
Club



# DEPARTMENT INFO

**LOOKING TO CREAT AN  
ACCOUNT - CLICK  
HERE!**



**(603) 249-0625**



**recreation@milford.nh.gov**



**1 Union Square, Milford, NH. 03055**



**milfordnh.recdesk.com**



**@milfordnhrecreation**



**Milford Recreation Department**

**IF A TRIP IS FULL, AND YOU WANT TO GO  
ON THE TRIP, PLEASE CALL, AND WE'LL  
PUT YOU ON THE WAITLIST!**

**CLICK HERE**

